

## CDIP Services Available

Once assigned a counsellor, Abrigo can assist you with:



- Advocacy and Outreach
- Canada Child Tax Benefit
- Canadian Citizenship
- Canadian Passport and Renewals
- Canadian Pension Plan Disability
- Canadian Pension Plan Retirement / Death Benefit / Survivor Benefit
- Child Registration (Including Birth Certificate, Ontario Health Card and Social Insurance Number)
- Employment Insurance
- Guaranteed Income Supplement
- Income Tax Clinic
- Individual Counselling
- Newcomer Orientation
- Old Age Security and Spousal Allowance
- Ontario Disability Support Program
- Ontario Works
- Permanent Resident Card Renewals
- Property Tax and Water Relief Program
- Referral Services to other Community Services
- Subsidized Housing / Housing Connections
- Trillium Drug Benefits

## We're Here to Help

Abrigo Centre is a multi-service, charitable organization that focuses on building community capacity in west Toronto by helping individuals and families achieve their full potential.

We are here to help you during your time of need.

### Other Abrigo Services Available to You Include:

- Violence Against Women Counselling
- Family Violence Counselling
- Individual and Group Counselling
- Newcomer Services
- Parenting Support for Moms and Dads
- Partner Assault Response Program (PAR)
- Youth Support Services
- Seniors Programs and Services



#### Abrigo Centre

1645 Dufferin Street, Toronto, ON M6H 3L9  
Telephone: (416) 534-3434

New Client Drop-in Hours: Weekdays 1:00 p.m. to 3:00 p.m.  
Charitable Number 129515284 RR0001

For more information or to make a donation to the  
Abrigo Centre, visit our website: [www.abrigo.ca](http://www.abrigo.ca)  
Twitter: [@abrigocentre](https://twitter.com/abrigocentre)  
Facebook & Instagram: [/abrigocentre](https://www.facebook.com/abrigocentre)



*Community Development  
and Integration Program*



Make the Move Toward  
Self-Reliance

## Community Development and Integration Program

Utilizing a user-friendly, storefront (drop-in) model, Abrigo Centre's Community Development and Integration Program (CDIP) assists more than 3,600 people a year. This program serves as a portal into all of Abrigo's services and addresses the needs of clients of all ages.

For decades Portuguese-speaking individuals, families and seniors have turned to Abrigo to access information and basic resources such as social assistance or pensions due to language barriers, computer illiteracy or isolation.

This program encourages individuals to develop and change according to their own needs and priorities, and at their own pace. Clients work to become better equipped to help themselves and move toward self-reliance.

## Be Actively Involved



Community development is about the active involvement of people in the issues that affect their lives. Newcomers from Portugal, Brazil and Portuguese speaking countries in Africa, although eager to integrate into society, often require support to access services and resources. Abrigo accommodates their needs and creates a welcoming and inclusive community that results in their successful adaptation and integration.

Abrigo's open intake system, funded with the assistance of the United Way Toronto & York Region, also allows any new client – either in person or by telephone – to speak to a counsellor for the first time between 1:00 p.m. and 3:00 p.m. Monday through Friday. Clients can ask our counsellors any question that they feel is important. Although the service is provided on a first-come, first-served basis, priority is given to women experiencing abuse.

## Key Program Components

### **Assessment, Information and Referral**

We help connect individuals to essential services such as housing, employment insurance benefits and government benefits. Please see a list of other Abrigo services on the back cover.

### **Annual Income Tax Clinic**

Our free income tax clinic completes over 1,200 personal tax returns for low-income families and individuals in our community each year. This long-standing service provided by Abrigo staff and volunteers is an invaluable part of our work in the months of March and April.

### **Seniors Helping Seniors**

An extraordinary team of volunteers, who are seniors, assists other seniors with form-filling services to access benefits and programs such as the Canada Pension Plan, Old Age Security, Ontario Drug Benefits and Canadian Passports.

### **Volunteer Opportunities**

Under the leadership of our Volunteer Coordinator, each year more than 100 talented, dedicated and trained volunteers, including placement students, are interwoven throughout Abrigo and the CDIP program offering direct assistance to clients and staff members. Their tireless and enthusiastic efforts go a long way in allowing Abrigo to see a total of more than 6,400 clients each year.

