

## **Job Opportunity**

Position: **Mental Health Support Worker**

### **Tasks and Responsibilities:**

Under the Canada Summer Jobs program, we are committed to providing youth with an early work experience that focuses on promoting equity and addressing barriers people face on the basis of sex, race, class, age, sexual orientation, gender identity or expression, religion, national or ethnic origin, mental or physical disability.

The successful job candidate will be given the opportunity to develop the skills needed to work with a broad range of people including those experiencing income/food/housing insecurities, settlement challenges, domestic violence, mental health concerns and substance use concerns post-traumatic stress, and other challenging life events.

You will be working specifically with individuals who present with mental health concerns, including seniors, women who have experienced abuse and violence and other vulnerable youth and adults to provide a wide range of services to support achieving their personal objectives and access mental health information and supports. They will receive thoughtful and competent supervision and mentoring.

We will introduce you to anti-oppressive practice, client centred strategies, and using a trauma-informed approach in service delivery.

Under direct and ongoing regular supervision, this candidate will:

- Assess client functioning, needs and referrals
- Provide crisis intervention to client as required, including referrals to crisis services and ensuring safety planning for all clients and their children experiencing family violence
- Provide information on government benefits, services and support in navigating the mental health and health systems
- Work with clients to set goals and establish a service plan to address needs and improve mental health and well-being
- Offer information on mental health and wellbeing and impact of trauma, including social isolation, gender-based violence, and other forms of discrimination and oppression
- Provide interpretation and translation in Portuguese
- Provide advocacy, liaison with service providers and prepare letters of support on behalf of clients
- Support clients in completing online applications for instrumental needs to support accessing and maintaining essential services such as housing, finances and health related services
- Utilize client database and update and maintain electronic records in a timely manner
- Participate in staff meeting and special events as required

Hourly Wage: \$18

Total of 8 weeks, full-time, 35 hours per week.



*Connecting People to Possibilities*

Start Date: No earlier than May 6 and no later than July 8, 2024.

To apply send a resume and cover letter to [info@abrigo.ca](mailto:info@abrigo.ca) and in Subject line indicate: Canada Summer Jobs 2024 and position title.

The Government of Canada funded this job through the Canada Summer Jobs program. [Learn more about the program.](#)

To apply for this job, you must:

- Be aged between 15 and 30 years old on the start date of the job;
- Have a valid Social Insurance Number (SIN); and
- Be a Canadian citizen, a permanent resident of Canada, or a person who has been granted refugee status in Canada.

**International students and other temporary residents of Canada are not eligible.**