

## **Job Posting: Mental Health Support Worker (Summer Student Position)**

**Application Deadline:** Wednesday, May 21<sup>st</sup>, 2025

**Start and End Date:** June 23, 2025 to August 15, 2025

**Duration:** Eight (8) weeks

**Hours:** 35 hours per week

**Hourly Wage:** \$20.00

### **About Abrigo Centre:**

Abrigo Centre is a non-profit organization serving Toronto's Portuguese-speaking and multicultural communities. We empower individuals and families through culturally sensitive services and support systems, promoting social inclusion and community well-being.

### **Position Overview:**

Abrigo Centre is seeking a **Mental Health Support Worker for an 8-week summer position** funded through the **Federal Government's Canada Summer Jobs** program. Eligible participants must be between 15 and 30 years of age (inclusive) at the start of employment; Canadian citizens, permanent residents, or persons to whom refugee protection has been conferred under the *Immigration and Refugee Protection Act*.

The successful candidate will gain hands-on experience providing compassionate support to individuals facing mental health challenges, poverty, settlement issues, domestic violence, substance use, and post-traumatic stress. Working under regular and supportive supervision, the candidate will learn to apply anti-oppressive, client-centered, and trauma-informed approaches.

### **Key Responsibilities:**

- Conduct client assessments to determine needs, functioning, and appropriate referrals
- Provide crisis intervention, including referrals to crisis services and safety planning for women and children experiencing family violence
- Share information on government benefits and services; assist clients in navigating the mental health and healthcare systems
- Work with clients to set goals and develop individualized service plans to improve mental health and overall well-being
- Offer information on mental health, trauma impacts, social isolation, gender-based violence, and systemic oppression
- Provide interpretation and translation services for Portuguese-speaking clients
- Advocate for clients, liaise with service providers, and prepare support letters as needed
- Assist clients with completing online applications for essential services, such as housing, income support, and health benefits
- Maintain accurate and timely client records using the organization's database
- Participate in staff meetings and agency events as required



*Connecting People to Possibilities*

**Qualifications:**

- Fluency in Portuguese
- Interest in mental health, social services, and supporting vulnerable populations
- Strong communication, empathy, and advocacy skills
- Ability to work both independently and as part of a team
- Commitment to anti-oppressive, trauma-informed, and client-centered practice
- Comfortable using digital tools and databases for client management

**How to Apply:**

Please send your resume and a brief cover letter to **Paula De Jesus**, [pdejesus@abrigo.ca](mailto:pdejesus@abrigo.ca) by **Wednesday, May 21<sup>st</sup> at 5:00 p.m.**

Abrigo Centre is committed to building a diverse workforce and strongly encourages applications from BIPOC (Black, Indigenous, People of Colour) communities, newcomers, 2SLGBTQIA+ individuals, and people with disabilities.

We thank all applicants for their interest however, only those selected for an interview will be contacted.

***This position is funded by the Government of Canada's Canada Summer Jobs Program.***