

Job Posting - Canada Summer Jobs: Mental Health Support Worker (2)

Position Title: Mental Health Support Worker (2 positions)

Application Deadline: Friday, May 8, 2026

Start and End Date: June 29, 2025 to August 21, 2026

Duration: Eight (8) weeks

Hours: 35 hours per week

Hourly Wage: \$21.00

About Abrigo Centre:

Abrigo Centre is a non-profit organization serving Toronto's Portuguese-speaking and multicultural communities. We empower individuals and families through culturally sensitive services and support systems, promoting social inclusion and community well-being.

Position Overview:

Abrigo Centre is seeking two **Mental Health Support Workers** for an eight (8)-week summer position funded through the **Federal Government's Canada Summer Jobs** program. Eligible participants must be between 15 and 30 years of age (inclusive) at the start of employment; Canadian citizens, permanent residents, or persons to whom refugee protection has been conferred under the *Immigration and Refugee Protection Act*.

The successful candidates will gain hands-on experience providing compassionate support to individuals facing mental health challenges, poverty, settlement issues, domestic violence, substance use, and post-traumatic stress. Working under regular and supportive supervision, the candidates will learn to apply anti-oppressive, client-centered, and trauma-informed approaches.

Key Responsibilities:

- Conduct client assessments to determine needs, functioning, and appropriate referrals
- Provide crisis intervention, including referrals to crisis services and safety planning for women and children experiencing family violence
- Share information on government benefits and services; assist clients in navigating the mental health and healthcare systems
- Work with clients to set goals and develop individualized service plans to improve mental health and overall well-being
- Offer information on mental health, trauma impacts, social isolation, gender-based violence, and systemic oppression
- Provide interpretation and translation services for Portuguese-speaking clients
- Advocate for clients, liaise with service providers, and prepare support letters as needed
- Assist clients with completing online applications for essential services, such as housing, income support, and health benefits
- Maintain accurate and timely client records using the organization's database



Connecting People to Possibilities

- Participate in staff meetings and agency events as required

Qualifications:

- Fluency in Portuguese
- Interest in mental health, social services, and supporting vulnerable populations
- Strong communication, empathy, and advocacy skills
- Ability to work both independently and as part of a team
- Commitment to anti-oppressive, trauma-informed, and client-centered practice
- Comfortable using digital tools and databases for client management

How to Apply:

Please send your resume and a brief cover letter with the Subject line of “Mental Health Support Worker” to Paula De Jesus, pdejesus@abrigo.ca by **Friday, May 8, 2026 at 5:00 p.m.**

Abrigo Centre is committed to building a diverse workforce and strongly encourages applications from BIPOC (Black, Indigenous, People of Colour) communities, newcomers, 2SLGBTQIA+ individuals, and people with disabilities.

We thank all applicants for their interest however, only those selected for an interview will be contacted.

These positions are funded by the Government of Canada’s Canada Summer Jobs Program.