

Summer is Here!



The Wedding of the Year: Joy and Tradition at the Santos Populares Festival!

On June 24th, the Abrigo Centre was transformed into an authentic traditional festival!. Amidst the marches and lively entertainment, the highlight of the celebration was the famous "St. Anthony's Wedding". Our seniors dressed up for the occasion to bring the bride and groom to life, but the one who truly stole the show and drew hearty laughs was our "Priest," Sergio. With a natural talent for comedy, he led the most hilarious ceremony the Life & Hope program has ever seen. It was an afternoon of pure fellowship, perfect for reminiscing about the energy of the festivals back home and creating new memories. Long live St. Anthony, St. John, and St. Peter!.



From the Portugal Day Parade to the Barbecue!

Our hearts beat faster in June!. We kicked things off with the contagious energy of the Portugal Parade on the 13th, where we showed our pride on the streets of Toronto. Shortly after, on June 17th, we gathered for a big barbecue to support our National Team with great passion and unity.



Our Father's Day.

On June 18th, we celebrated Father's Day with great emotion at Life & Hope. It was a moment to honor the fathers, grandfathers, and all father figures.



Unwavering Pride: Portugal in Toronto!



The 2026 World Cup fever caught on at Life & Hope!. We gathered at the center to support the National Team, but the greatest moment was watching Portugal play "at home." On July 2nd, we cheered the fantastic 2-1 victory against Croatia at Toronto Stadium. The excitement spilled over the sidelines, and hundreds of people painted the streets of Toronto green and red! Although the journey ended in the following stage against Spain, what remains is our unity and the embraces shared with every goal. We went down fighting: with our heads held high and an immense pride in being Portuguese!

Moments to Remember: More Smiles from June.



The Grand Parade - Saturday, September 19, 2026

In September, walk for our seniors! Join the Abrigo Centre for a charity walk. Families and friends, every step makes a difference.



Scan the QR Code to register or donate now!



abrigo.ca/seniors-program
(416) 534-3434

Esta newsletter é feita para vocês. Queremos que este espaço seja um espelho da alegria do Abrigo Centre. Que julho traga o calor do verão e a felicidade dos reencontros!

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