



The Grand Parade. Join the 3rd Annual Edition. Every Step Brings Life and Hope!



The time has come to put your best foot forward for the seniors in our lives! When our community comes together to walk, the benefits are transformative. All funds raised from this 2.5K walk will directly support the 120 seniors in the Abrigo Centre's Life and Hope program. Abrigo invites you to take part in this special event! When our community comes together to walk, seniors benefit in powerful ways. The time has come to put your best foot forward for your loved ones and all the seniors in our lives.

Participating walkers can look forward to a continental breakfast, great music, a warm-up and cool-down before and after the walk, lunch, and maybe a surprise or two. Most importantly, donations to this event will elevate the lives of those who have walked before us.



Save the Date! / Anote na Agenda!

Date: Saturday, September 19, 2026

Location: Loretto College School (151 Rosemount Ave.)

Schedule: Registration (10:00 a.m.) | Walk (11:00 a.m.) | Lunch (12:00 p.m.)



Walk With Us or Donate Today!

Join us at the Grand Parade by donating to or walking with the Life and Hope Group team, and fundraise through your family, friends, and coworkers. All funds raised will go directly to the seniors in Abrigo's Life and Hope program. Scan the QR code to walk or donate. It's fast, easy, and secure. You will instantly get a tax receipt for your donation issued by our event partner, the Blue Sea Foundation.

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The funds raised through this event will help Abrigo provide our seniors with opportunities to reduce isolation and promote community belonging... Together, we're helping ensure that every senior under our care can experience a greater sense of connection, purpose, and hope.

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Paula De Jesus, Co-Executive Director.



Point your phone camera.
It's fast, easy, and secure!

abrigo.ca/seniors-program
(416) 534-3434

